



According to a recent survey, nearly half of all college students report feeling so depressed that they have trouble functioning, and 15 percent meet the criteria for clinical depression. Untreated depression can lead to suicide, which is the second leading cause of death among college students. Listed below are several University resources which you may want to be aware of.

You can access mental health services at: Boynton Health Service (for students who have paid the Student Services Fee) (<http://www.bhs.umn.edu/services/mentalhealth.htm>), and University Counseling and Consulting Services (<http://www.uccs.umn.edu/>).

Disability Services (<http://ds.umn.edu>) provides assistance with academic accommodations for students with diagnosed, severe, and persistent mental health conditions. Consultation and problem-solving regarding disability issues is also available.